



Bulletin 1, Jan Kjellström Weekend 2013

The Jan Kjellström weekend 2013 consists of four events.

Friday 29 th March	Sprint Distance (WORLD RANKING EVENT)
Saturday 30 th March	Middle Distance for MW 21 Elite, Long Distance for all others
Sunday 31 st March	Long Distance (WORLD RANKING EVENT)
Monday 1 st April	Three person Relay

Overall location of events



and a map of embargoed areas is available at

<http://maps.google.com/maps/ms?ie=UTF&msa=0&msid=214935119172519372413.0004ae791dba762f58ac9>

General Information

There are different entry fees dependent on the date entered. The final entry date is 3rd March 2013. JK accommodation is available at Leighton Park School, prices range from camping with breakfast at £16 per person per night, to rooms with breakfast and evening dinner at £37 per person per night.

Entries and JK accommodation bookings should be made via the online entries system. All fees should be paid at the time of booking. Full details of the entry fees, closing dates and accommodation fees are available on the JK2013 website, at <http://www.thejk.org.uk/jk2013/index.php?pg=218>

There will be no event transport provided.



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Emit electronic punching will be used for the weekend. Demonstration controls and opportunities to practice punching will be available on the Individual days.

There will be no dedicated JK training opportunities provided. There are some permanent orienteering courses available around the local area. Details can be obtained at http://www.britishorienteering.org.uk/page/poc_map; a postcode of RG2 7ED and a range of 25 miles is recommended. Note that the area containing the course at Upper Star Posts, near Bracknell, is currently embargoed for the Southern Championships in 2014 so competitors expecting to compete at this event are not allowed to orienteer on this area.

Weather conditions at the end of March, early April can be very variable, average temperatures range from a minimum of 4°C to a maximum of 15°C, however it is not unknown for March to have snow and the highest ever recorded March temperature is 25°C. Rain falls typically on 9 (30%) days per month with a monthly average of 40mm.

For general enquiries contact the Co-ordinator, Katy Stubbs, at coordinator2013@thejk.org.uk

For entry enquiries contact the Entries Secretary, Christine Vince, at orienteer999@btinternet.com
If anyone requires advice about entry visas please contact the Entries Secretary.

Sprint Distance Race, 29th March 2013

Location Whiteknights Campus, University of Reading, Shinfield Road, Reading, embargoed area entire campus.

Terrain Approximately 2km from the centre of Reading, this university campus includes conservation meadows, a rare tree collection and a large lake as well as typical campus buildings, both modern and more traditional. The mixture of fast open areas and buildings provides an ideal location for a sprint race.

Map 1:4,000, 2.5m contour interval, to ISSOM 2007, remapped in 2012. The previous map is available at <http://www.britishorienteering.org.uk/jkwebsite/files/Whiteknights%20080611.jpg>.

Classes Men and Women 21 Elite, target winning times are in line with the IOF range of 12-15 minutes. If entries exceed the available start times competitors may be selected out from the Elite class into the appropriate Open Class (if age group 18-21) or Age Class. Start times will be allocated in accordance with Appendix L of BOF Rules subject to compliance with IOF requirements in relation to WREs.

Officials	Day Organiser	Luke McNeill
	Planner	Neville Baker
	Controller	Alan Rosen

IOF Event Advisors Julie and Ronan Cleary



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Clothing British Orienteering Rules require that clothing fully covers the torso, for the Sprint competition competitors may wear shorts. Spiked shoes and dobbs studs (small spikes in rubber studs) are not permitted. The area is essentially flat with very few slopes and many hard paths and paved areas.

Long Distance Race 31st March 2013

Location Cold Ash, about 8km north east of Newbury, close to Junction 13 of the M4 and adjacent to the villages of Hermitage, Cold Ash and Bucklebury.

Terrain The area comprises of undulating slopes containing a mixture of deciduous and coniferous woodland which offer fast running. The area has many smaller features with some more complex contoured areas containing vague natural regenerated vegetation. The area was last used for a major event for the Southern Championship in 2006; there is some newly mapped terrain which all courses will pass through.

Map 1:15,000, 5m contour interval, to ISOM 2000, remapped in 2012. The previous map is available at <http://www.britishorienteering.org.uk/jkwebsite/files/Cold%20Ash%20Nov05.jpg>.

Classes Men and Women 21 Elite, target winning times are in the middle of the IOF range (90-100 minutes). If entries exceed the available start times competitors may be selected out from the Elite class into the appropriate Long Age Class. Start times will be allocated, in reverse order, based on finishing times of Day 2 (Middle Distance event) of the competition, not following the WRE Guideline of reverse IOF Ranking order.

Officials	Day Organiser	Liz Yeadon
	Planner	Eric Harper
	Controller	Arthur Vince

IOF Event Advisor Philip Gristwood

Clothing British Orienteering Rules require that clothing fully covers the torso and legs. Spiked shoes may be worn.



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