

# JAN KJELLSTRÖM INTERNATIONAL FESTIVAL 2024 EVENT PROGRAMME

29th March – 1st April

### **WELCOME!**

The East and West Midlands Orienteering Associations welcome competitors from across the UK and around the world to the Jan Kjellström International Festival of Orienteering in the Midlands.

Day 1: Friday 29th March - Sprint -Loughborough University

Day 2: Saturday 30th March - Middle - Beaudesert

Day 3: Sunday 31st March - Long - Beaudesert

Day 4: Monday 1<sup>st</sup> April – Relays – Stanton Moor

### **General Information**

### **Event Entry**

No EOD for Championship courses, but there will be non-championship courses available for entry on the day – Novice (day 1 while stocks last), White, Yellow, Orange and Light Green (days 2 and 3 only while stocks last). **There is no EOD on day 4.** 

	Day 1	Sprint	PreO	Day 2 N	1iddle	PreO	Day 3	Long	Relay
	Champ	Nov		Champ	CC		Champ	CC	
Pre- entry	У	У	У	У	У	n	У	У	У
EOD	n	У	У	n	У	n	n	У	γ*

<sup>\*</sup> Limited EOD in class P (Ad Hoc) only

### **Changes**

Various things can be changed online on the SiEntries website <u>up until the closing date</u>, including class, start block preference (or other start time details, e.g. "close to person X on another entry form"), SI card number.

For anything that cannot be changed, including cancelling an entry, please email the Entry Secretary via <u>jkentries@britishorienteering.org.uk</u>.

### **Cancellation Procedure and Refund Policy**

The event is covered by the standard British Orienteering major events Cancellation Procedure and Policy (<u>Cancellation Policy</u>) and Cancellation, Curtailment and Refund Policy (<u>Cancellation and Refund Policy</u>). See also the British Orienteering Covid-19 policy.

If you need to cancel your entry, please contact the Entries Secretary via jkentries@britishorienteering.org.uk.

### **Hospitals**

As the days are spread out information for each day is within each day section.

### First Aid

First Aid is provided on all days by ESG. We extend our thanks for their assistance. ESG mobile: TBC (main) and TBC (alternative).

### **Bibs**

Days 1-3: Bibs are used for all Foot-O classes and can be collected from Enquiries where they are in alphabetical order. All competitors must wear their individually numbered bibs and will not be allowed to start without them. Elite runners will use the same bib for days 1 and 2 and will be issued with a new bib for day 3. Day 4 Bibs will be included in the Team Bag to be collected on the morning of the event.

Remember to bring your bib with you each day. All competitors should complete the reverse side of the bib with contact details and any medical information. Entry-on-the-day competitors will be issued with a bib when registering for their course.

NOTE: The yellow and green band bibs are for elite runs only. If you have entered for an elite run on one day and a non-elite run on another day, you will just wear the bib allocated. You won't get a second bib.

### Shadowing

Shadowing/pairs is not permitted on any of the Championship courses or on the Elite PreO courses. Shadowing (or taking part as a pair) is only permitted on the non-championship courses. The person shadowing must complete their own run before shadowing.

### **Start Lists**

Available via the SiEntries website: <u>SiEntries start list</u>.

Please note that seeded starts take precedence over start preferences.

### **Start Procedure**

Please note that day 1 will operate on the 'quiet start' principle as required by IOF for WRE events. We ask that you respect this and always follow the instructions of the start officials.

If you are late for your call up time, go immediately to the Late Start Lane. If you are not late for your start time, you will be slotted into the correct start box for your start time. If you are late for your start time, the following procedure will apply: In an interval start, if the competitor is at the start line less than half the start interval after their start time, they shall start immediately. In an interval start, if the competitor is at the start line more than half the start interval after their start time, they shall start at the next available half start interval. You will punch a start box, but you will be timed from your allocated start time. Because the start procedure will be quiet, please do not talk to the start officials, unless absolutely necessary. If you believe that your lateness is not your fault, you must talk to the Organiser after you have finished.

### **Electronic Punching**

SIAC (contactless punching) will be enabled for all days. Non-SIAC dibbers will still work. If you wish to hire a SIAC dibber, please select the hire option when you enter via SiEntries. The finish will be in beacon mode so those with SIAC can 'punch' touch free - those with traditional SI cards will 'dib' those same controls.

Competitors will need SI cards for end-to-end course timing the PreO event. Control units will be dibbing only and will not be touchless enabled, though SIAC cards will still work.

The control layout will be consistent with SI box horizontally mounted on a stake with the code number on the top of the box and the kite below that. A punch will be hung inside the kite for use in case of failure of the box.

- Day 1 Control numbers on top only.
- Day 2 Control numbers on top only.
- Day 3 Control numbers on top only.
- Day 4 Control numbers on top only.

A sample control will be in the arena outside Enquiries for each day.

Hired SI cards can be collected from Enquiries. Hired SI cards must be returned at download by the end of your last day of competition. If a hired SI card is lost a replacement fee must be paid on the day.

SIAC cards will be available to hire on each day for £3.

It is essential that all competitors visit Download, whether or not they have finished their course.

### **Traders and Caterers**

Equipment traders: Compass Point on all days.

Food and drinks traders: Hot food and sandwiches will be provided by Loughborough University on day 1. Podium and Tom's British and Continental on days 2-4. The landowner of days 2 and 3 assembly area will also be providing food on days 2 and 3.

### Merchandise

JK merchandise ordered before 1<sup>st</sup> February can be collected at Enquiries at each day's event. Merchandise can continue to be ordered between 1<sup>st</sup> February and 1<sup>st</sup> April via SiEntries but will have to be posted out after the event.

### **Results**

These will be:

- On a local Wi-Fi network in the Event Arena so you can view them with your mobile devices.
- Updated online during the event, assuming mobile signal.
- Linked from the JK web site as soon as possible after the event (including routegadget, winsplits, splitsbrowser etc.).
- Results will not be displayed in the event arena.

PreO results will be published on the JK2024 web site after the completion of each event.

### Rules

The event will be run under the relevant rules of IOF for the WRE courses and British Orienteering for the non-WRE courses, including those for eligibility:

- British Orienteering rules
- IOF WRE rules (IOF Rules 2022 V1.15 WRE)

In accordance with British Orienteering Child Welfare Policy and Procedures, we request that any person wishing to engage in any video, zoom or close-range photography should make themselves aware of British Orienteering policy. Organisers reserve the right to challenge anyone who is giving cause for concern. If anyone has concerns about inappropriate or intrusive photography, they should raise them with the relevant Day Organiser.

### **Complaints, Protests and Appeals**

As a competitor, if you feel that the Rules are not being followed there is a procedure to follow.

Any complaint should initially be discussed with the Event Organiser, using the

standard Complaints/Protests <u>form</u>. When approaching the Organiser or any other event official you should bear in mind that they are volunteers who have given their valuable time to lay on the event, often under circumstances which are not ideal.

If the complaint is not resolved satisfactorily then a protest can be lodged with the Controller who will, if necessary, convene a Jury.

### **World Ranking Event Information (WRE)**

Most of the necessary information is contained within the day 1 section. Information not covered is as follows:

Event Coordinator: Andy Yeates (WCH)

Web site: The JK 2024 web site can be found at www.thejk.org.uk

Enquiries: Enquiries should be directed to Ursula at jkentries@britishorienteering.org.uk.

Embargoed areas: These can be found on the British Orienteering web site at JK 2024 embargoed areas

Start List: The start list is available at <u>SiEntries start list</u>. Summary of entries: Day 1 – M21E (TBC), W21E (TBC)

Transport: Transport will not be provided. Please make your own transport arrangements.

Refreshment controls: Day 1- none.

### Day 1 loose descriptions length

Course 1 TBC cm Course 2 TBC cm

IOF Jury: All members of the IOF jury are British Orienteering (BOF) members. See day 1 details for more information.

### **EOD Entry Fees:**

Colour Coded (per day): £12 - adult, £5 - junior

SIAC hire (per day you are entering): £3 (free to M/W18 and under)

### **Photography**

Our official photographer, TBC, will be taking pictures at the event, including in the competition area, and there will be a photos page on the JK2024 website after the event. To avoid photographs of juniors or at-risk adults being published please email the relevant name and entry/bib number to

<u>ikcoordinator@britishorienteering.org.uk</u> before the event. Each Day Organiser reserves the right to ask people to refrain from taking photos or video and may, if such warnings are ignored, refer the matter to the police. Photographers should read and comply with section 4.8 of British Orienteering's O Safe Policy. It can be found on the British Orienteering website. If anyone at the event has any concerns about how photographs are being

taken, they should inform the Day Organiser, contactable via Enquiries. Please note: Flying drones will not be allowed due to local restrictions.

### **JK Trophies Performance Assessment**

Criteria for 2022 and forwards: those who have won all three individual days on the longest course for an age-group (A/L/E - where applicable) will be pooled and then assessed to produce a winner, along with honourable mentions for second and third places. Exceptions to this basic criterion may occur, e.g., voided/cancelled courses/days, an exceptional athlete who forfeits their third win to help an injured competitor, etc. Trophies will be the first awards at the prize-giving on Day 4, The JK Relay Day. Nick Barrable SYO and CompassSport Editor will head the JK Performance Trophy Assessment Panel.

### **String Course/Maze Information**

There will be a string course and/or maze available on all days close to each arena.

### **Biathlon Orienteering**

Biathlon Orienteering is a combination of orienteering and shooting. It works just like the Biathlon you may have seen on TV, but with orienteering instead of cross-country skiing. The same type of rifle is used, where five targets at a distance of 50 meters should be hit. If a target is missed, a penalty loop must be run, or time penalty added, depending on race distance. Some smaller competitions will use air rifles or electronic/laser rifles. Targets are, in simple terms, the size of a golf ball for prone, a tennis ball for standing.

The rifle is not carried in a harness on the back but is placed in a rifle rack at the shooting range and is picked following an orienteering loop. There is then another shortened orienteering loop before returning to the range and trying to hit the 5 targets in a standing shoot. Shooting accuracy is important as time penalties are quite severe. They are:

Classic distance: Shooting, two minutes time penalty for each missed target

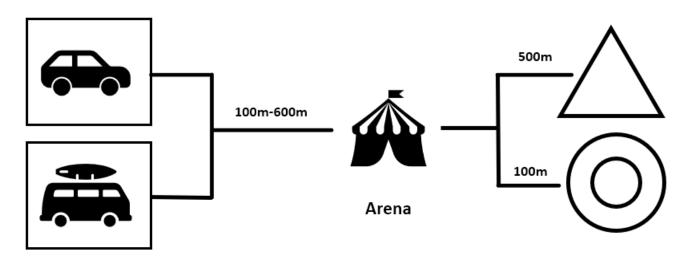
Sprint, mass start and relay: Shooting, one penalty loop for each missed target. In relay also with three extra shots available, at each shooting.

We hope to again have a demonstration of the sport at the JK this year. Some of you may recall that we did this in 2018. Our colleagues from the Swedish Multisport Federation have kindly agreed to come over and do this for us. It will be a simplified set up with laser rifles and a small course/penalty loop, so that as many of you as possible, juniors and seniors, can have a go. There will be no charge for this so do have a try. It will be located in the Assembly field on days 2 and 3 and at the event on day 1.

# Day 1: Friday 29th March - Sprint - Loughborough University

### **Important notices**

- Although Good Friday, the University Campus is still operational and so there will be regular bus
  movement around the assembly area and between assembly and the start and finish. However, courses
  will not cross the roads used by busses.
- There will be other traffic on campus, but most will not affect runners. Please be very careful in the vicinity of the main arena area.
- Numbered bibs MUST be worn by all competitors.
- The event administration Enquiries/Bib Collection and Download is signed from the Car Park.
- Only Club Tents and Banners that are weighted will be allowed. No pegs or stakes to be used.



### **Travel Directions**

**Public Transport**: There is a train station in Loughborough and a regular bus to the campus. Get off at the Computer Studies stop and proceed up the hill to assembly.

**Cars:** Loughborough's nearest motorway link is the M1. The campus is just two miles from Junction 23. The University is clearly signed on all the other main approach roads to Loughborough. Use the postcode LE11 3TT when setting your destination. Use the Epinal Way Entrance.

**Parking**. From the entrance follow the Orienteering Direction signs. We are using multiple parking areas. Please follow the marshals' instructions. Parking will be charged, and payment is made via an app. Details of the app and charges TBA.

### Dogs

Dogs are not permitted other than assistance dogs.

### **Event Arena**

The event arena is between 100m – 600m from the parking area. The event arena contains first aid. Club tents and club flags are permitted on the grass area <u>alongside the run-in only</u> if they are self-standing and can be weighted down rather than pegged due to underground services.

As the Campus is open to the public, please ensure that bags are stored safely whilst out on your run, and ideally have someone there to keep an eye on the bags.

The main building overlooking the arena will house all arena facilities. These are all on the ground floor including toilets, bib collection, enquiries, hired SI card collection, trophy return, car key deposit, lost property, complaints and protests, merchandise collection.

Catering will be provided by the University in the main building. Hot food, sandwiches and drinks will be available. Additionally, there is a shop selling sandwiches and drinks. Please remove dirty shoes before entering the building.

British Orienteering Volunteer and Mapping Awards Presentation – this year we are celebrating our volunteer effort alongside our competition winners, as well as the UK Urban League 2023 awards! Please come along and show your support. The ceremony will take place at assembly at 16:30, immediately before the Day 1 Medal Ceremony for the races.

### **Timings**

Please note: Timings are subject to change if deemed necessary.

9:00	Car parks open
9:15	Enquiries, Trophy Return
11:00	First start time
12:30	String Course opens, PreO opens
15:00	Last FootO start time, last String Course start
15:30	Last PreO start, string course closes
16:15	FootO courses close
16:30	British Orienteering and Mapping Awards, Medal Ceremony for the races
17:00	Enquiries close, PreO courses close

### **Arena Layout**

**TBA** 

### Map

ISSprOM 2019-2. 1:4000, 2m contour interval. (At least courses 9, 11, 12, 13, and 14 have an enlarged 1:3000 version). Survey and cartography by Peter Hornsby for the event. All maps are A4 size and digitally printed on waterproof paper.

### **Terrain & Course Notes**

The University campus contains a mix of modern and older buildings with a complex criss-cross of roads, paths, open spaces, and steps.

Please respect other users, walkers, and cyclists.

### **Course Notes**

The courses cross roads in the campus, but not the bus route. This should mean a virtually traffic free area. Nevertheless, please be careful crossing the roads as there may still be the vehicles moving on campus.

Controls are mounted on two different types of stakes. Most are on the standard yellow fibreglass type but there are some on trestles.

# Forbidden to cross Uncrossable wall Uncrossable fence Uncrossable Vegetation -hedge Uncrossable water Uncrossable marsh Private area / flower bed Temporary construction Out-of-bounds area - marked in terrain, unmarked Out-of-bounds boundary

Competitors are reminded that it is forbidden to cross boundaries and areas mapped as uncrossable.

Please pay particular attention to the re-introduction of symbol 411 Uncrossable vegetation.

There will be some temporary Out-Of-Bounds areas marked on the map. As always, the map takes precedence and anyone found to have been crossing forbidden areas may be disqualified.

### Warm up area

Warm up area between Arena and starts. Please abide by any signed out-of-bounds areas. There will be a model area map for elite runners available from enquiries.

### **Course Details**

All subject to final controlling and last-minute changes. All courses are optimum route.

Course	Classes	Controls	Length	Climb	Map Scale
1	M18E, M20E, M21E				
2	W18E, W20E, W21E				
3	M35, M40, Men Open				
4	M45				
5	M14, M16				
6	M50				
7	M55, W35				
8	W14, W16				
9	M60, Women Open				
10	W40, W45, W50				
11	M65, W55				
12	M70, W60, M12, W12				
13	M75, M80, M85, M90, W65, W70, W75, W80, W85, W90				
14	M10, W10, Novice				

### **Clothing**

Shorts and running vests are permitted for this race. Shoes with spikes and metal dobs are not allowed. It can be muddy in places and therefore shoes with some grip would be appropriate.

### **Control Descriptions**

Control descriptions are printed on the front of the map. Loose control descriptions will be available in the Start Lanes at -3.

### **Starts**

All starts are about 500m from the Arena. There will be no toilets here. You will see the start as you walk from the Parking. Please observe the out of bounds signs to avoid walking into the event area.

Please have your bib. **No bib, no go.** The start will follow the WRE protocols and will be a quiet start so please do not talk to the start officials.

### Courses 1-2.

Elite competitors will have a strict timed start as this is a WRE event. There is a -5 minute call up. A marshal will hold your map on the start line. At -5 seconds you can hold the map and at the long beep the map will be released.

If you are late and within 30 seconds of your start you will be allowed to start on the next 30 second slot. If over 30 seconds late you will have to wait till the next available slot. Your start time will not be adjusted unless you can demonstrate that the delay was caused by the organiser.

### Courses 3-14.

There will be a timed start for everyone. Call up is at -5 mins.

If you are late for your call up time, go immediately to the Late Start Lane. If you are not late for your start time, you will be slotted into the correct start box for your start time. If you are late for your start time you will be taken to the start line, where you will be allowed to start as soon as possible. You will punch a start box, but you will be timed from your allocated start time.

### **Finish**

The Finish is close to assembly. Maps will be collected from course 1 and 2 competitors only and released after the start closes. For others, please do not show your map to anyone yet to run.

### **Download**

Download is adjacent to the finish. From download back to the assembly involves crossing a road. There are two crossing points where pedestrians have priority over traffic.

Results will be uploaded every 2 minutes by SI entries and can be viewed using the university visitor WIFI (TBA).

### Maze and Biathlon

These will be close to and signposted from assembly.

### **Event Officials**

Organisers: Iain Phillips (LEI)

Planner: Steve Edgar and Steve Chafer (LEI)

Controller: Simon Errington (HH)
IOF Advisor: Ronan & Julie Cleary (LOK)

British Orienteering Jury	IOF Jury
tba	tba
tba	tba
tba	tba

### PreO

**TBA** 

### **PreO Officials**

Organiser: Graham Urquhart (OD) Planner: Peter Hornsby (LEI)

Course Checker: TBC

### Hospitals

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Leicester Royal Infirmary,	15 miles	Loughborough Urgent Treatment Centre,	0.5 miles
Infirmary Square, Leicester LE1 5WW 0 <u>300</u> <u>303</u> <u>1573</u>	(35 mins)	Hospital Way, Loughborough LE11 5JY 01509 568800	(2 mins)

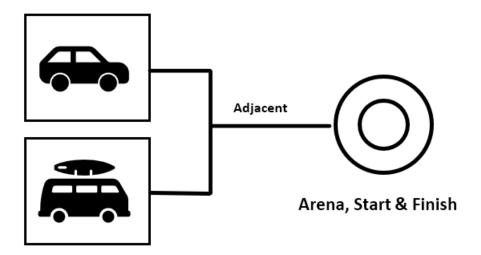
# Acknowledgements

Thanks to the many volunteers from Leicester OC (LEI) and other clubs. We are grateful to Loughborough University for their help and for allowing us to use the area.

# Day 2: 30th March - Middle - Beaudesert

### **Important notices**

- Numbered bibs MUST be worn by all competitors. Remember to bring it with you if you ran in the Sprint Championships the previous day, otherwise, collect your bib from Enquiries.
- Whistles are MANDATORY and will be checked at the Start. The terrain is exposed high level
  moorland, in the event of bad weather a waterproof jacket will be compulsory, hats and gloves will be
  advisory.
- Water will be provided at the finish for elite competitors only. Please bring your own supplies.
- Please take rubbish away with you.



### **Travel Directions and Parking**

Parking is adjacent to the assembly area at Beaudesert Park Farm, Horsey Ln, Rugeley WS15 4LN.

The entrance to the site, which everyone must use, is:

What 3 Words: ///flock.everybody.afternoon;

**Google Maps**;

General Post Code: WS15 4LN.

You must approach from the junction of the A51 with Borough Lane at Longdon. At the junction of Borough Lane with Horsey Lane, turn right. The off-road entrance to the event is approximately 30m on the left. The car park will be operated as entry only until 12:00 and no exit before 13:00. Note that coaches are not permitted in the assembly area.

### **Enquires**

The Enquiries point will be in assembly. This will provide for:

- Bib collection
- Colour-coded EOD
- EOD SI card hire
- Trophy return
- Car key deposit
- Lost property
- General enquiries
- Merchandise collection

### Dogs

Assistance dogs only are allowed on site.

### **Event Arena**

The pre-hired SI card collection is at enquiries.

Complaints and protests must be made at the download point (before 15:30).

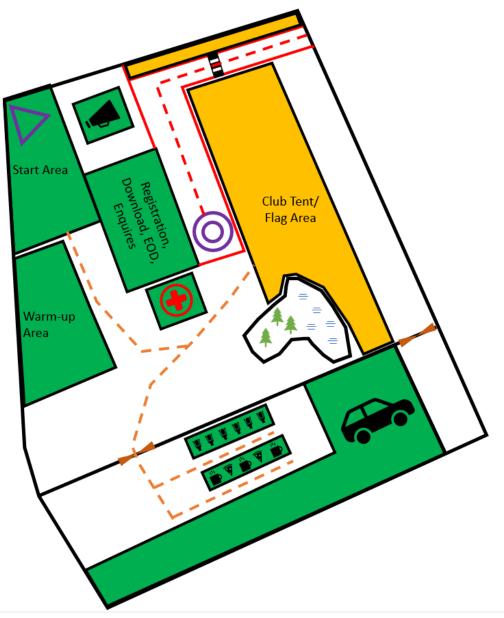
Club tents may be left over night at the owner's risk.

### **Timings**

Please note: Timings are subject to change if deemed necessary.

08:00	Car park opens				
09:00	nquiries and colour coded entries open				
10:00	JK Championship starts				
13:00	Colour Coded entries close				
14:00	Last start				
15:30	Courses close				

### **Arena Layout**



### Map

Beaudesert map last updated by Dave Peel in 2023.

### **Terrain**

- Beaudesert provides a diverse area of largely runnable woodland, with bell pits (deep holes with raised edges) and areas of old mine workings.
- All courses use forestry land, with complex vegetation and an extensive path network with rides and deer paths.
- Bell pits are used as controls on most courses, with the control sited near the lip. Some smaller pits are also used.
- Most adults have a small stream crossing at some point. Certain stream areas are out of bounds due to sensitive ecology and are marked on the maps please respect the out of bounds.
- Crossable streams should not be stepped in and all marshes should be avoided or crossed with great care.
- Running along public roads is PROHIBITED and will cause disqualification.
- Please be considerate towards local residents and other users of the area.
- Day 2 terrain overlaps Day 3 terrain. Day 3 control-sites are taped, but the dummy numbers on the tapes are totally distinct from Day 3 control-codes. Please do not touch tapes that you may see.

### First Aid

The First Aid will be at Event Arena.

### **Safety bearing**

North or South to central ponds then East along the forest track.

### **Course Details**

Subject to final controlling:

Courses 1 and 2, M/W21E, are planned with an expected winning time of 32 minutes.

				Map	
Course	Controls	Length	Climb	Scale	Classes
1	21	6.1 km	210 m	1:10000	M21E
2	17	4.8 km	175 m	1:10000	W21E
3	16	4.5 km	160 m	1:10000	M20E M18E M16A
4	13	3.3 km	110 m	1:10000	W20E W18E W16A
5	19	5.2 km	145 m	1:10000	M21L M35L M40L
6	18	5.3 km	135 m	1:7500	M45L
7	18	4.5 km	105 m	1:7500	M50L
8	18	4.4 km	135 m	1:10000	M21S W21L
9	16	4.4 km	130 m	1:10000	M35S M40S W35L W40L
10	15	4.2 km	125 m	1:7500	M45S M50S W45L
11	18	4.2 km	120 m	1:7500	M65L W50L
12	16	3.3 km	95 m	1:10000	M18L M20L
13	13	3.3 km	140 m	1:10000	M21V W21S W35S
14	12	3.1 km	90 m	1:10000	M18S M20S W40S
15	12	2.6 km	95 m	1:10000	W18L W20L
16	13	2.5 km	90 m	1:10000	W20S W21V
17	12	2.5 km	105 m	1:7500	M85 M90 W65S W70S W75
18	9	1.7 km	90 m	1:7500	W80 W85 W90 W95
19	13	3.1 km	85 m	1:7500	M14A M16B W14A W16B LIGHT GREEN
20	14	3.3 km	65 m	1:7500	M12A M14B W12A W14B ORANGE
21	11	1.9 km	60 m	1:7500	M10A M12B W10A W12B YELLOW
22	11	1.5 km	20 m	1:7500	M10B W10B WHITE
23	18	4.4 km	135 m	1:7500	M55L
24	16	4.4 km	130 m	1:7500	M60L
25	16	3.3 km	95 m	1:7500	M55S W55L
26	13	3.3 km	140 m	1:7500	M60S M70L

27	12	3.1 km	90 m	1:7500	M65S W45S W60L
28	12	2.6 km	95 m	1:7500	M70S M75L W50S W55S W65L
29	13	2.5 km	90 m	1:7500	M75S M80 W60S W70L

### **Clothing and whistles**

As per BOF rules you MUST wear full leg and body cover. Shorts will not be permitted. The Organisers may require a lightweight hooded waterproof jacket to be worn or carried if the weather is bad – if so, notice will be given in online information and will be displayed at Enquiries.

Strictly No-Whistle, No-Go. Whistles will be checked with Bibs and you will not be allowed to start without both – so please don't forget.

### **Control descriptions**

Control descriptions are printed on the front of the map. Loose control descriptions will be available in the Start Lanes.

### **Starts**

The start will be in the arena. JK championship competitors will have a pre-allocated timed (non-punching) start. The call up clock will be at -5 min. Loose control descriptions will be in the -3 min box.

Colour-coded entry on the day will have punching starts. These should go to the Late Start lane.

See START PROCEDURE in GENERAL INFORMATION regarding turning up late for your start.

### **Finish**

The finish will be in the arena.

### **Colour coded courses**

The following non-championship courses will be offered: White, Yellow, Orange and Light Green. You can choose any course you like irrespective of age and gender. They are available for entry on the day subject to availability of maps.

### **String Course**

To be confirmed in later programmes.

### Officials

Organisers: Kristian Roberts (WCH) Planner: Ray Collins (WCH) Controller: Mike Chopping (NOR)

British Orienteering Jury
tba
tba
tba

### **Hospitals**

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Queens Hospital	19 miles	Samuel Johnson Hospital	6.5 miles
Belvedere Rd Burton-on-Trent DE13 ORB 01283566333	(35 mins)	A5127 Trent Valley Rd Lichfield WS13 6EF 01543 412900	(15 mins)
County Hospital Weston Rd, Stafford	15 miles		

ST16 3SA	(30 mins)	
01785 257731		

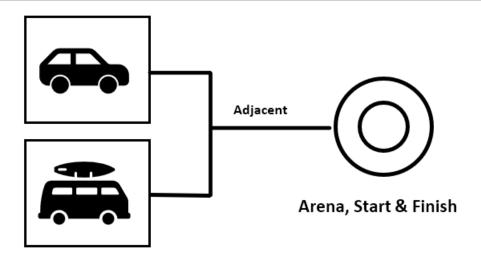
## Acknowledgements

Thanks to the landowners for the use of their farm and to the volunteers from Walton Chasers (WCH), Wrekin (WRE) and other clubs without whom this event could not have taken place.

# Day 3: Sunday 31st March - Long - Beaudesert

### **Important notices**

- Very limited rubbish collection facilities (bin bags, etc.). Please take rubbish away with you.
- Numbered bibs MUST be worn by all competitors. Remember to bring it with you if you ran in the Sprint Race or the Middle Race, otherwise, collect your bib from enquires.
- Whistles are MANDATORY and will be checked at the Start. Full leg and body cover is also MANDATORY.



### **Travel Directions and Parking**

Parking is adjacent to the assembly area at Beaudesert Park Farm, Horsey Ln, Rugeley WS15 4LN.

The entrance to the site, which everyone must use, is:

What 3 Words: ///flock.everybody.afternoon;

Google Maps;

General Post Code: WS15 4LN.

You must approach from the junction of the A51 with Borough Lane at Longdon. At the junction of Borough Lane with Horsey Lane, turn right. The off-road entrance to the event is approximately 30m on the left. Note that the car park will be operated as entry only until 12:00 and no exit before 13:00.

### Dogs

Assistance dogs only are allowed on site.

### **Event Arena**

The pre-hired SI card collection is at enquiries.

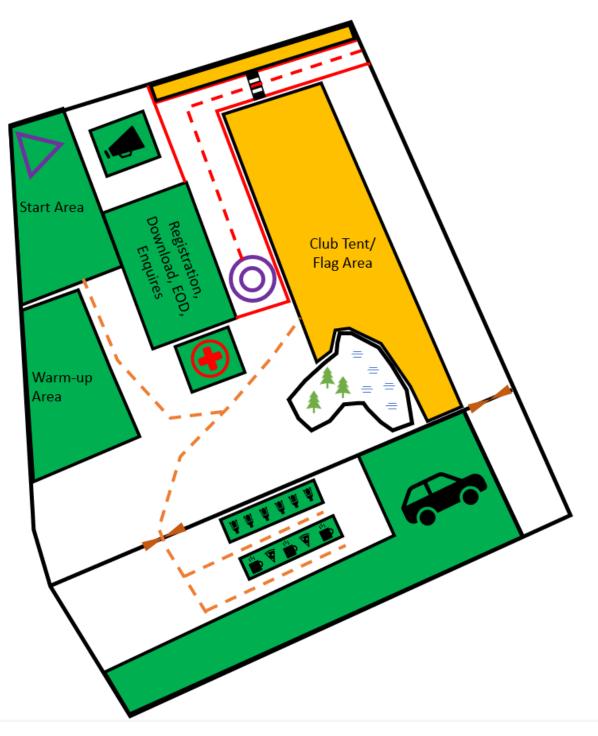
Complaints and protests must be made at the download point (before 15:30).

Club tents may be left over night at the owner's risk.

### **Timings**

Please note: Timings are subject to change if deemed necessary.

08:00	Car park opens
09:00	Enquiries and colour coded entries open
10:00	JK Championship starts
12:00	Last entry to Car Park
13:00	Colour Coded entries close, First exit from Car Park
14:00	Last start
15:30	Courses close. UKOL Prizegiving and Prizegiving for days 2/3 combined as soon as
	possible



### **Club tents**

Permitted in the assembly area.

### Map

Beaudesert map last updated by Dave Peel in 2023.

### **Terrain**

- Beaudesert provides a diverse area of largely runnable woodland, with bell pits (deep holes with raised edges) and areas of old mine workings.
- All courses use forestry land, with complex vegetation and an extensive path network with rides and deer paths.
- Bell pits are used as controls on most courses, with the control sited near the lip. Some smaller pits are also used.
- Most adults have a small stream crossing at some point. Certain stream areas are out of bounds due to sensitive ecology and are marked on the maps please respect the out of bounds.
- Crossable streams should not be stepped in and all marshes should be avoided or crossed with great care.

- Running along public roads is PROHIBITED and will cause disqualification.
- Please be considerate towards local residents and other users of the area.
- Day 2 terrain overlaps Day 3 terrain. Day 3 control-sites are taped, but the dummy numbers on the tapes are totally distinct from Day 3 control-codes. Please do not touch tapes that you may see.

**Safety bearing**: North or South to central ponds then East along the forest track.

### **Course Details**

All courses are subject to final controlling.

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Course	Controls	Length	Climb	Map Scale	Classes	
1	33	16.0 km	490 m	1:15000	M21E	
2	25	11.7 km	380 m	1:15000	W21E	
3	24	11.1 km	360 m	1:10000	M18E M20E	
4	18	7.9 km	275 m	1:10000	W18E W20E	
5	24	11.8 km	390 m	1:10000	M21L	
6	22	10.8 km	345 m	1:10000	M35L	
7	24	10.8 km	320 m	1:10000	M40L	
8	17	7.3 km	215 m	1:10000	M18L M20L M21S W21L	
9	17	7.6 km	195 m	1:10000	W35L W40L	
10	13	4.7 km	135 m	1:10000	M18S M20S M21V W18L W20L W21S	
11	23	8.8 km	180 m	1:10000	M45L	
12	15	8.0 km	180 m	1:10000	M50L	
13	19	8.2 km	220 m	1:10000	M55L	
14	17	6.7 km	175 m	1:10000	M60L	
15	15	6.0 km	165 m	1:10000	M35S M40S W45L	
16	15	6.5 km	155 m	1:10000	M16A	
17	16	6.0 km	150 m	1:10000	M65L	
18	11	5.9 km	130 m	1:10000	M45S M50S W50L	
19	11	5.2 km	125 m	1:10000	M70L M55S W55L	
20	12	5.2 km	145 m	1:10000	W16A M60S W60L	
21	12	4.5 km	140 m	1:10000	M75L W35S W40S W65L	
22	11	3.9 km	120 m	1:7500	M65S W70L W45S W50S	
					M80 M70S M75S W18S W20S W21V M55S	
23	10	3.9 km	125 m	1:7500	W60S W65S W75	
24	10	2.5 km	55 m	1:7500	M85 M90 W70S W80	
25	8	1.8 km	55 m	1:7500	W85 W90	
26	14	4.6 km	130 m	1:10000	M14A M16B	
27	11	3.4 km	75 m	1:10000	W14A W16B LIGHT GREEN	
28	12	3.0 km	75 m	1:7500	M12A M14B W12A W14B ORANGE	
29	12	1.9 km	50 m	1:7500	M10A M12B M10A W12B YELLOW	
30	11	1.5 km	45 m	1:7500	M10B W10B WHITE	

### **Clothing and whistles**

As per BOF rules you MUST wear full leg and body cover. Shorts will not be permitted. The Organisers may require a lightweight hooded waterproof jacket to be worn or carried if the weather is bad – if so, notice will be given in online information and will be displayed at Enquiries.

Strictly No-Whistle, No-Go. Whistles will be checked, with Bibs, and you will not be allowed to start without both – so please don't forget.

### Warm up and Out of Bounds

To be confirmed in later programmes

### **Control descriptions**

Control descriptions are printed on the front of the map. Loose control descriptions will be available in the Start Lanes

### Start

The start will be in the arena. JK course competitors will have a pre-allocated timed (non-punching) start, with the exception of colour-coded, who have punching starts. These should go to the Late Start lane.

See START PROCEDURE in GENERAL INFORMATION regarding turning up late for your start.

### **Finish**

The finish is in the arena.

### **String Course**

To be confirmed in later programmes.

### **Colour coded courses**

The following non-championship courses will be offered: White, Yellow, Orange and Light Green. You can choose any course you like irrespective of age and gender. They are available for entry on the day subject to availability of maps. Enter on the day is in the large marquee.

### **Event Officials**

Organiser: Kristian Roberts (WCH) Planner: Ray Collins (WCH) Controller: Mike Chopping (NOR)

British Orienteering Jury		
tba		
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tba		

### Hospitals

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Queens Hospital	19 miles	Samuel Johnson Hospital	6.5 miles
Belvedere Rd	(35 mins)	A5127 Trent Valley Rd	(15 mins)
Burton-on-Trent DE13 ORB		Lichfield WS13 6EF	
		W313 0EF	
01283566333		01543 412900	
County Hospital			
Weston Rd,			
Stafford	15 miles		
ST16 3SA	(30 mins)		
01785 257731			

### **Acknowledgements**

Thanks to the landowners for the use of their farm and to the volunteers of Potteries (POTOC), Lincoln (LOG) and other clubs without whom this event could not have taken place.

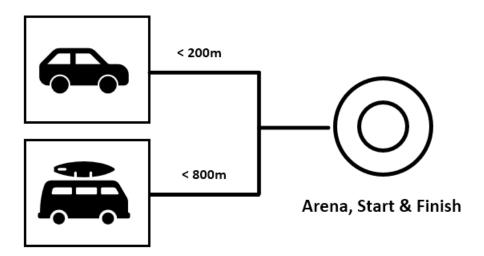
# Day 4: Monday 1st April – Relays – Stanton Moor

### **Important notices**

Team bags with bibs will be available today only from 08:15 at Enquiries and should be collected by a Club Captain.

Team bibs MUST be worn by all competitors.

Whistles are MANDATORY and will be checked with SI check. Full leg and torso cover is also MANDATORY.



### **Travel Directions**

### **CARS:**

Parking field entrance: What3Words: https://w3w.co/absent.housework.kilts

Google maps: Parking field location
Nearest postcode: DE4 2BN

Grid Reference: SK 243633 (Andle Stone field on OS 1:25000 map)

**From the North**, leave the A6 2km West of Rowsley and follow the B5056 a further 3km, and turn left up the hill to Birchover. Proceed SLOWLY through the village and follow orienteering signs.

**From the South**, leave the A6 at Cromford, and after 150m turn right onto the B5012 'Via Gelia'. Follow this for 7km, then turn right onto the B5056 at Grangemill. After 5km, turn sharp right into Birchover. Please drive slowly through the village. The parking field is 1.5km north of the village, on the left.

### Please **DO NOT** arrive via Stanton in Peak.

Please follow the instructions of the parking marshals. The car park opens at 08:00 and entry closes at 11:00. A one-way system will be in operation, and traffic will only be allowed to exit from 11:15. Assembly is directly across Birchover Road. Please exit via the taped side of the gate.

### **CAMPER VANS:**

Quarry road entrance: What3Words: https://w3w.co/vowed.unfair.rounds

Google maps: Parking entrance location

Nearest postcode: DE4 2LS Grid Reference: SK 246641

**From the south:** please continue past the turn off to the parking field and follow orienteering signs through Stanton in Peak. Please drive slowly through the village as there is a sharp right turn. Continue a further 350m and turn right into the quarry road. Please continue to the marshal and park in single file.

From the north: turn off the A6 at Rowsley (opposite the Peacock Inn) onto Woodhouse Lane. After 200m, turn

right onto Peaktor Lane. Follow this uphill as it becomes Pilhough Lane. In Stanton in Peak, turn left onto Main Road. Continue slowly through the village, forking left where camper vans from the south will merge onto the route. Proceed a further 350m and turn right onto the quarry road. Please continue to the marshal and park in single file.

Having parked, please follow the track downhill to the junction with Birchover Road. Turn left and follow the road 350m to Assembly.

### Dogs

Dogs are permitted in Assembly on leads.

### **Timings**

Please note: Timings are subject to change.

08:00	Car parking open
08:15	Registration opens for Team Bag collection and "last minute" team changes. (May be earlier if we are ready)
09:00	General Enquiries opens.
09:45	Deadline for "last minute" team changes
09:50	First call-up
10:00	First starts for first lap. String course opens.
11:00	Last starts for first leg runners
12:20	Mini mass start call up. (Arrangements subject to change listen for announcements.) Maps can be reclaimed.
13.00	Prizegiving. String course closes.
14:15	Courses close. Controls removed progressively from 14:00
14:00	Enquiries closes

### **Relay Team Declaration**

The deadline for the on-line team declaration and updates by Club Captains is 20:00 Sunday 31 March.

Points to note,

- 1. If your team is now non-competitive (NC), please declare it. NC teams are welcome to compete but are not eligible for prizes.
- 2. Course P: the Ad Hoc Relay is gaffled and runs in a fixed order Lap 1 Long, Lap 2 Short and Lap 3 Medium.

We do understand that last minute changes happen. You will be able to make these on the Day at Relay Registration. The historical level of "last minute" changes is between 14-28% and we beg all Team Captains to get all your changes to our small team as early as possible.

### Team Bag collection and "Last Minute" changes

Team captains may only collect their Team bags with bibs on Day 4 from 08:15 at Enquiries. Spare declaration forms will be available for changes to team members, running order or Relay class. If changing class, the team will need a new team number.

### **Team Bag collection**

A single representative from each club should report to Registration to collect their CLUB bag.

Notes:

- (1) some clubs may have more than one bag (labelled 1 of 2)
- (2) The club bags include all Ad hoc entries
- (3) The small number of Ad Hoc entries not associated with a club are labelled with a name.

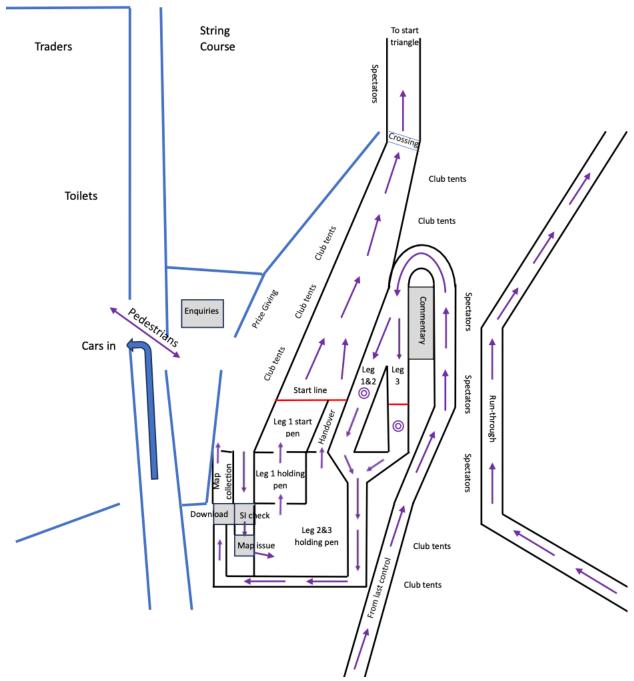
An official will record collection. (We would suggest that you check the contents match the listing before departing)

### **Last Minute changes and very limited EOD**

At the desk, most changes: for Team members, SI cards, Team order, competitive status by completing a change form.

Although limited to our additional maps we will endeavour to meet change of class requests and requests for EOD including non-competitive/ scratch teams.

### Arena layout



### **Club tents**

There is room for club tents along the western fence of the run-out and to the east of the run-in from the last control. Spectators may stand between the Finish and the run-through.

### Map

Scale 1:7,500, with 5m contours. Remapped in 2023 by Peel Land Surveys.

The previous map can be seen here.

### **Safety Bearing**

The safety bearing is West to Birchover Road.

### **Control Descriptions**

Control descriptions are printed on the front of the maps; all courses use IOF pictorial symbols, including those for the Mini Relay. Orange and Yellow standard courses also have text. There are no loose control descriptions.

### **Terrain & Course Notes**

Open heather moorland in the south, with lovely views. To the north west, birch woodland with intricate former quarry workings. The map includes the Nine Ladies Stone Circle, the Cork Stone, Earl Grey's Reform Tower, and various Bronze Age cairns/dwellings. The area was used for the British Middle Distance Championships in 2013 and the East Midlands Championships in March 2022.

Longer courses will visit the steep slope on the eastern edge of the map, and the barbed wire fence must only be crossed at marked crossing points.

### Clothing

You MUST wear full leg and body cover. Deer and sheep are present on the moor, with subsequent risk of <a href="Lyme\_disease">Lyme\_disease</a> carried by ticks. Showering promptly on returning home will dislodge loose ticks, as well as being a good opportunity to check for those that are attached.

### Safety

- 1. Whistles are mandatory and will be checked at the entrance to Map Issue.
- 2. There are high crags in the area, particularly in the NW. It is impractical to tape these, please take care.
- 3. The area is exposed, and waterproof jackets may be mandatory in the event of severe weather.
- 4. The Arena and competition area is on sheep pasture, please wash your hands before eating to prevent spread of E.coli and other disease.

### Other users of the area

The area is popular with hikers, dog walkers, and sometimes illegal campers; please be polite.

### **Course Details**

(Lengths and climb are approximate because of the gaffling)

Class	Approx. length / climb / controls			Man	Man	Spectator
	Lap 1	Lap 2	Lap 3	Map Scale	Map size	run- through
A JK Trophy	5.6k 280m 16c	4.7k 230m 13c	5.6k 280m 16c	1:7500	A4	Yes
B JK Women's Trophy	4.7k 230m 14c	4.1k 170m 12c	4.7k 230m 14c	1:7500	A4	Yes
C Men's Short	4.3k 190m 13c	3.3k 120m 10c	4.3k 190m 13c	1:7500	A4	Yes
D Women's Short	3.3k 135m 12c	2.8k 115m 11c	3.3k 135m 12c	1:7500	A4	Yes

E Senior Men (M120+)	5.6k 280m 16c	4.7k 230m 13c	5.6k 280m 16c	1:7500	A4	Yes
F Senior Women (W120+)	4.3k 190m 13c	3.3k 120m 10c	4.3k 190m 13c	1:7500	A4	Yes
G Veteran Men (M165+)	4.7k 230m 14c	4.1k 170m 12c	4.7k 230m 14c	1:7500	A4	Yes
H Veteran Women (W165+)	3.3k 135mm 12c	2.8k 115m 11c	3.3k 135m 12c	1:7500	A4	Yes
J Ultra-Veterans (M/W 210+)	3.3k 135m 12c	2.8k 115m 11c	3.3k 135m 12c	1:7500	A4	Yes
K Intermediate Men (M48-)	Green 4.0k 155m 12c	Orange 2.6k 65m 10c	Green 4.0k 155m 12c	1:7500	A4	Yes
L Intermediate Women (W48-)	Green 3.4k 130m 11c	Orange 2.6k 65m 10c	Green 3.4k 130m 11c	1:7500	A4	Yes
M Junior Relay (M/W 40-)	Orange 2.6k 65m 10c	Yellow 1.9k 45m 10c	Orange 2.6k 65m 10c	1:7500	A4	Yes/No/Yes
N Mini Relay	Yellow 1.9k 40m 9-10c	Yellow 1.9k 40m 9-10c	Yellow 1.9k 40m 9-10c	1:7500	A4	No
P Mixed Ad Hoc	Green 4.2k 170m 15c	Orange 2.6k 65m 10c	Green 3.2k 140m 12c	1:7500	A4	Yes

Orange courses are TD3 and Yellow TD2, the remainder are the highest TD of the area, up to TD4. Shadowing is not allowed on any course.

Note that **P Mixed Ad Hoc** (Lap 1 Long, Lap 2 Short, Lap 3 Medium) is being run in this fixed order.

### **Start Schedule**

Start and call up times are listed in the course table below.

Class	Team numbers	Call up	Start
A JK Trophy	1+	09:50	10:00
E Senior Men (M120+)	2001+	09:55	10:05
B JK Women's Trophy	101+	10:00	10:10
N Mini Relay	7001+	10:05	10:15
G Veteran Men (M165+)	3001+	10:10	10:20
M Junior Relay (M/W 40-)	6001+	10:15	10:25
K Intermediate Men (M48-)	5001+	10:20	10:30
P Mixed Ad Hoc	8001+	10:25	10:35
F Senior Women (W120+)	2501+	10:30	10:40
C Men's Short	1001+	10:35	10:45
D Women's Short	1501+	10:40	10:50
H Veteran Women (W165+)	3501+	10:45	10:55
L Intermediate Women (W48-)	5501+	1	
J Ultra-Veterans (M/W 210+)	4001+	10:50	11:00

### **Start Process**

If you are concerned about your SIAC battery level, you can check it before entering the Event Arena at the Enquiries tent. If your battery is low you can hire a new dibber for the day, or punch manually at all controls and the Finish.

On entering the map issue area you will need to dib the Punch Entry Check box. This will confirm that you are a registered team member and that you have the dibber number assigned to your bib number. If you have the wrong SI number you will need to go to the problem desk in the map issue area.

Maps will be issued by Leg – please join the correct queue for your leg and have your bib number clearly visible.

When you get your sealed map, you must check that the label on the map corresponds to your leg and team number.

We will do our best to get this right, but it is your responsibility to make sure that we have. Any problems will be dealt with by the problem desk, not the map issue team.

There will be a further bib/map check at the start/changeover line. If the map or map seal has been tampered with your team may be disqualified.

For Leg 1 competitors only, there is a secondary Start pen. Your class will be called forward 5 minutes before your timed start and your bib/map checked. The Start marshal will verbally count down to your class mass start time (see table for call-up time and mass start time for your class). There will be no time display clock.

After starting, you must follow the taped route all the way to the start kite.

### **Leg 1 Mass Starts**

Courses are planned with the mass start in the Arena. The run-out to the Start triangle is approximately 180m.

### Mini Mass Starts

A mini mass start for Lap 2 & 3 runners who have not yet started will be held, with a call up at 12:30. An earlier and additional mass start may be considered (e.g. in bad weather). The Mini Relay will have an earlier mini mass start, if one is needed. Teams will remain competitive.

### Spectator control

There is a run-through along the eastern side of the Arena, for all courses except the Mini Relay and Leg 2 on the Junior Relay. Spectators are encouraged to cheer their team mates along the run-through, which is approximately 800m before the Finish. They will have a good view of the run-in to the changeover and Finish controls.

### **Changeover and Finish**

Laps 1 & 2 fork right to changeover, lap 3 goes straight ahead to the Finish.

When Lap 2 & 3 runners see their incoming team runner, or hear the commentary announcing their imminent arrival, proceed to the changeover line. A marshal will check your map seal, which must not have been tampered with. It is the competitor's responsibility to be at the changeover line in time.

Lap 1 & 2 runners must punch the finish (2 boxes available, SIAC enabled) and then go to the changeover line, before proceeding to Download. Do not block any following runner's path.

Lap 2 & 3 runners must only open their map after physical changeover has occurred.

Lap 3 Runners. The finish line will be marked clearly on the ground. This is the point where the last legs finish.

Once you have finished you must keep in the order in which you finished and punch (this box is NOT contactless) the finish box which will be just beyond the finish line. Please do not collapse in a heap until you have punched the finish box. Better still, do this after you have downloaded.

### **Map Collection**

Maps will be collected from all finishers up to 12:20, when club map bags will be released.

### Results

Results will be not be displayed in the arena, but should be available on your phone.

### **String Course**

There will be a String course to the north of the arena between 10:00 and 13.00. Come and take on the String course challenge.

### Prize giving

Targeted for 13:00 or earlier if possible. Many will not have finished, please do not be concerned by this – it's early to accommodate those with long journeys.

### Hospitals

Journey for serious injury	Miles (min)	Journey for minor injury	Miles (min)
Chesterfield Royal Hospital, Chesterfield Rd, Calow, Chesterfield S44 5BL	13 miles (30 mins)	Whitworth Hospital, 330 Bakewell Rd, Matlock DE4 2JD	6 miles (15 mins)

### **Event Officials**

Organiser: Sal Chaffey (DVO)
Assistant Organiser: Viv Macdonald (DVO)
Planner: John Duckworth (DVO)
Controller: Simon Thompson (HOC)

British Orienteering Jury				
tba				
tba				
tba				

### Acknowledgements

We are grateful to the volunteers from Derwent Valley (DVO) the many volunteers who have contributed to this event. Without your efforts there would be no sport.

Special thanks to Stanton Estates for allowing us to run on the Moor, also to the farmer Mr Henry Holland for the use of the parking field.